

Dr. R.S.K Murthy & Dr. M.Arundhathi
FOUNDERS

NEWS LETTER

Director's Message

Greetings from A.V. Hospital!



Dr. M. Ramesh

R.S.K. Murthy. We strive to deliver affordable

It gives me great pleasure to share our news and views with you now in this newly started Newsletter. We are now in our 39th year and wish to say we are young, enthusiastic and always ready to imbibe and implement new ideas. We stand by the ethos of the institution established by Dr. M. Arundhathi and Dr.

healthcare of the highest ethical standards. We put our best efforts to spread knowledge and skills in the field of endoscopic surgery through Bangalore Endoscopic Training Institute & Research Centre. We ensure to continue to contribute to charitable activities as our founders have always done.

Quality care remains our passion and after pioneering advances in Minimal Access Surgery for 25 years, we are now recognized as an International Centre of Excellence in Hernia Surgery. We are ever grateful to all our staff, colleagues, patients and well-wishers who have stood with us for decades to realize our dreams.

Achievements

Our greatest achievement in the last few months has been the recognition by Hernia Society of India as well as Asia Pacific Hernia Society as a "Centre of Excellence" in Hernia Surgery. We are happy that we could get such accolades and establish a Centre of Excellence in South India for the first time.

Dr. M. Ramesh was honoured with the Certificate of Centre of Excellence at the Annual National conference of Hernia Society of India 2017.

The Annual Conference of the Asia Pacific Hernia Society held at Dubai in November 2018, A.V. Hospital was one of the three institutions recognized as Centre of Excellence by the APHS, along with two other hospitals at Abu Dhabi and Thailand. Dr. M. Ramesh received the award from the President of the Asia Pacific Hernia Society.



AICOG 2019

AICOG (All India Congress of Obstetrics & Gynaecology) is the annual academic meet of obstetricians and gynaecologists which is held in major cities across the country. Bangalore happened to host this meeting for this year. More than 15000 delegates from different parts of the country as well as the neighbouring countries attended the meet between January 8th and 12th, 2019.

A.V. Hospital was selected as the venue for conducting the “Hysteroscopy Workshop” on 8th January 2019. Dr.Saraswathi Ramesh, Chief Gynaecologist of AV Hospital was the Convener of the workshop.

A.V. Hospital has been involved in the conduct of various academic activities in the field of laparoscopic and hysteroscopic surgery.

The program was inaugurated by Dr. M. Arundhathi (presently the senior-most gynaecologist of Karnataka State) and Dr. R.S.K. Murthy, the founders of A.V.Hospital, along with Dr. P.M. Chandrashekar (senior most anaesthesiologist of the state and operative faculty)

A total of 23 interesting cases were demonstrated during the workshop. This was done in four sessions:

- Uterine Anamolies
- Uterine fibroids and polyps
- Infertility procedures
- Uterus saving procedures

The vast array of cases performed by various faculty included septal resection, Asherman's syndrome, submucous myomectomy, TCRE, targeted

endometrial biopsy, tubal cannulation, IUD removal, shaving of internal os, etc. Both the teams at A.V. Hospital and Hotel Lalith Ashok made sure there was very good interaction and every aspect of hysteroscopy was demonstrated and discussed throughout the day. Delegates from various parts of India and abroad enjoyed the live operative demonstration at Grand Ball room at Hotel Lalit Ashok.

Looking back at the mammoth task in hand, the great expectations from faculty and delegates, we are proud of our team and the dedication from each member for successful completion of the workshop. We would like to thank Dr.Harinath for co-ordinating the whole programme, along with our team of anesthesiologists Dr. P. M. Chandrashekar, Dr. H. C. Rajesh, Dr. Imtiaz Ahmed Belawadi, Dr. Swaroop, all OT staff members, paramedical staff for the excellent support they extended to us. The organizers constantly supported the hysteroscopy team and helped us put up a great show. Dr. Narayanan, Dr. Gomati Narayanan and our mentor Dr. Susheelamma supported and guided us at all phases. We would like to personally thank each one of the referring doctors for providing such good cases for the workshop.



Organising team of AICOG



Inauguration at A.V Hospital & Hotel Lalith Ashok



Ongoing surgery in the OT



A.V Hospital Team Members

Laparoscopic Hernia Training Course 2019

Bangalore Endoscopic Training Institute and Research Centre, AV Hospital, Bangalore conducted a Laparoscopic hernia training course from March 15-17th 2019.

AV Hospital is recognized as “**Centre of Excellence in Hernia Surgery**” by Hernia Society of India and Asia Pacific Hernia Society. This training course of 3 days was endorsed by Hernia Society of India. Dr. M. Ramesh was the Director and Dr. Ganesh Shenoy was the Program Co-ordinator of this course. This was attended by 12 surgeons across India. The training program was inaugurated by Prof. M.K. Zutshi, from United Kingdom.

This training course included Live operative demonstrations, Endotrainer sessions on different modules on BEST Endotrainers and Didactic sessions. The live operative session included 13 surgeries, which included Laparoscopic TAPP, TEP, E-TEP, IPOM Plus and Laparoscopic Nissen's Fundoplication.

These surgeries were also web-casted through www.lapguru.com which was watched by many others. The endotrainer sessions included endosuturing and knotting, IPOM plus repair for ventral hernia and TAPP repair for inguinal hernia on indigenously prepared modules on BEST Endotrainers. Internationally renowned faculty were part of Didactic sessions. These didactic sessions were transmitted through Zoom, a novel way of teleconferencing.

Dr. Ajay Kriplani, Dr. Rajesh Khullar & Dr. Anil Sharma from New Delhi, Dr. Sandeep Dave from Raipur, Dr. Deepraj Bhandarkar, and Dr. Ramesh Punjani from Mumbai, Dr. Ramesh Agarwalla & Dr. Sarfaraz Baig from Kolkotta, Dr. T. Sivakumar from Kanyakumari were the external faculty for this course. The trainees received Certificate of training from BEST Institute and Research Centre, Course Manual and DVD containing Master Videos of various types of Laparoscopic Hernia surgeries.



Standing from left to right : Dr. Tejaswi (Professor of Surgery, KIMS, Bangalore), Dr. Susruth (Professor of Surgery, JJMMC, Davanagere), Dr. Anupkumar (Professor of Surgery, JJMMC, Davanagere), Dr. Patil (Professor of Surgery, JJMMC, Davanagere), Dr. Parag Hawaldar (Medical Director, Anuvud Hospital, Miraj), Dr. Bharathi (Professor of Surgery, Bhopal), Dr. Sridhar Shetty (Senior Surgeon, Belgaum), Dr. Deepak (Professor of Surgery, JJMMC, Davanagere), Dr. Srinivas (Surgeon, Hosur), Dr. Nawin Kumar (Associate Professor, KS Hegde Medical Academy, Mangalore)
Sitting from left to right: Dr. L. N. Mohan (Professor of Surgery, St. John's Medical College, Bangalore)
Dr. M. Ramesh, (Director, A.V. Hospital, Bangalore), Dr. Ganesh Shenoy (Consultant Lap Surgeon, AVH, Bangalore)



Distribution of course materials and certificates



Hands-on training on BEST Endotrainers

Live operative demonstration



Didactic Session by Video- Conferencing from Delhi

Laparoscopic Training Schedule for 2019

Bangalore Endoscopic Surgery Training Institute & Research Centre, A.V. Hospital Basavanagudi conducts Laparoscopic Surgery Training Courses for upcoming Gynecologists & Surgeons. Also available are Fellowship courses. We are also newly introducing Hernia Training programmes. Interested candidates can take note of the scheduling for this year and apply accordingly.

Comprehensive Laparoscopic Skills Course

(Surgery & Gynecology)

Endorsed by FOGSI & IAGES

20th Jan - 5th Feb 2019

1st May - 15th May 2019

22nd Jul - 5th Aug 2019

1st Nov - 15th Nov 2019

Laparoscopic Hernia Courses

Endorsed by Hernia Society of India

March 15th & 17th 2019

June 21st & 23rd 2019

Sept 20th & 22nd 2019

Fellowship Courses

Fellowship in Minimal Invasive Surgery (for Gynecologists)

Fellowship in Bariatric & Metabolic Surgery (for General Surgeons)

Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka

Duration of Course- 18 months

Starts on: 1st August 2019

Last date for Application: 15th May 2019

(please contact us for confirmation)

Primary Health Centre

Free check-up of pregnant ladies at the Primary Health Centre at Harohalli conducted by Dr. Saraswathi Ramesh on 9th of every month.



ಪ್ರಧಾನ ಮಂತ್ರಿ ಸುರಕ್ಷಿತ ಮಾತೃತ್ವ ಅಭಿಯಾನ ತಪ್ಪದೇ ತಪಾಸಣೆಗೆ ಒಳಗಾಗಲು ಸಲಹೆ

ಪ್ರಧಾನ ಮಂತ್ರಿ

ಪ್ರಧಾನ ಮಂತ್ರಿ (ರಾಜ್ಯಪಾಲರು): "ಹಾಯಿ ಮಮ್ಮಿ ಶಿಶು ಮರಣ ಪರಿಸ್ಥಿತಿ ಪ್ರಧಾನ ಮಂತ್ರಿ ಮಾತೃತ್ವ ಯೋಜನೆ ದೇಶಾದ್ಯಂತ ಬಾರಿಗೆ ಕಡಿಗಾಣಿದೆ. ಪ್ರತಿ ಹಿರಿಯ ಉರಂದು ಎಲ್ಲ ಅರೋಗ್ಯ ಕೇಂದ್ರಗಳಲ್ಲಿ ಗರ್ಭಿಣಿಯರಿಗೆ ಸ್ವಚ್ಛವಾದ ಉಚಿತ ಪರೀಕ್ಷೆ ನಡೆಸಲಾಗುತ್ತಿದೆ" ಎಂದು ಸಂಸಾರೋತ್ಪತ್ತಿ ಮತ್ತು ಮಕ್ಕಳ ಅಭಿವೃದ್ಧಿ ಇಲಾಖೆಯ ಸಚಿವರು ಹೇಳಿದರು.

ಸಂಸಾರೋತ್ಪತ್ತಿ ಮತ್ತು ಮಕ್ಕಳ ಅಭಿವೃದ್ಧಿ ಇಲಾಖೆಯ ಅರೋಗ್ಯ ಕೇಂದ್ರದಲ್ಲಿ ಸೋಮವಾರ ಪದ್ಧತಿಯಲ್ಲಿ ಪ್ರಧಾನ ಮಂತ್ರಿ ಸುರಕ್ಷಿತ ಮಾತೃತ್ವ ಅಭಿಯಾನ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಅನುದಾನ ಮಾಡಿದರು.

ಅರೋಗ್ಯ ಯೋಜನೆಯಡಿ ಸರ್ಕಾರದ ಸೌಲಭ್ಯ ಗರ್ಭಿಣಿಯರಿಗೆ ಸುರಕ್ಷಿತವಾಗಿರುವ ಪರಿಸ್ಥಿತಿ ಸೌಕರ್ಯವನ್ನು ಒದಗಿಸುವುದು. ಅರೋಗ್ಯ ಕೇಂದ್ರಗಳಲ್ಲಿ ಸ್ವಚ್ಛವಾದ ಉಚಿತ ಪರೀಕ್ಷೆ ನಡೆಸಲಾಗುತ್ತಿದೆ. ಹಾಯಿ ಮಮ್ಮಿ ಶಿಶು ಮರಣ ಪರಿಸ್ಥಿತಿ ಪ್ರಧಾನ ಮಂತ್ರಿ ಮಾತೃತ್ವ ಯೋಜನೆ ದೇಶಾದ್ಯಂತ ಬಾರಿಗೆ ಕಡಿಗಾಣಿದೆ. ಪ್ರತಿ ಹಿರಿಯ ಉರಂದು ಎಲ್ಲ ಅರೋಗ್ಯ ಕೇಂದ್ರಗಳಲ್ಲಿ ಗರ್ಭಿಣಿಯರಿಗೆ ಸ್ವಚ್ಛವಾದ ಉಚಿತ ಪರೀಕ್ಷೆ ನಡೆಸಲಾಗುತ್ತಿದೆ" ಎಂದು ಸಂಸಾರೋತ್ಪತ್ತಿ ಮತ್ತು ಮಕ್ಕಳ ಅಭಿವೃದ್ಧಿ ಇಲಾಖೆಯ ಸಚಿವರು ಹೇಳಿದರು.

ಪ್ರಧಾನ ಮಂತ್ರಿ ಸುರಕ್ಷಿತ ಮಾತೃತ್ವ ಅಭಿಯಾನ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಅನುದಾನ ಮಾಡಿದರು. ಅರೋಗ್ಯ ಯೋಜನೆಯಡಿ ಸರ್ಕಾರದ ಸೌಲಭ್ಯ ಗರ್ಭಿಣಿಯರಿಗೆ ಸುರಕ್ಷಿತವಾಗಿರುವ ಪರಿಸ್ಥಿತಿ ಸೌಕರ್ಯವನ್ನು ಒದಗಿಸುವುದು. ಅರೋಗ್ಯ ಕೇಂದ್ರಗಳಲ್ಲಿ ಸ್ವಚ್ಛವಾದ ಉಚಿತ ಪರೀಕ್ಷೆ ನಡೆಸಲಾಗುತ್ತಿದೆ. ಹಾಯಿ ಮಮ್ಮಿ ಶಿಶು ಮರಣ ಪರಿಸ್ಥಿತಿ ಪ್ರಧಾನ ಮಂತ್ರಿ ಮಾತೃತ್ವ ಯೋಜನೆ ದೇಶಾದ್ಯಂತ ಬಾರಿಗೆ ಕಡಿಗಾಣಿದೆ. ಪ್ರತಿ ಹಿರಿಯ ಉರಂದು ಎಲ್ಲ ಅರೋಗ್ಯ ಕೇಂದ್ರಗಳಲ್ಲಿ ಗರ್ಭಿಣಿಯರಿಗೆ ಸ್ವಚ್ಛವಾದ ಉಚಿತ ಪರೀಕ್ಷೆ ನಡೆಸಲಾಗುತ್ತಿದೆ" ಎಂದು ಸಂಸಾರೋತ್ಪತ್ತಿ ಮತ್ತು ಮಕ್ಕಳ ಅಭಿವೃದ್ಧಿ ಇಲಾಖೆಯ ಸಚಿವರು ಹೇಳಿದರು.



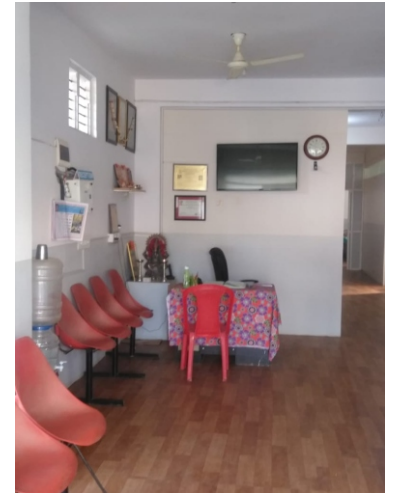
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AV Ramesh Specialist Clinic

AV Ramesh Specialist Clinic is a Clinic based in Harohalli. The main motto of this clinic is to serve the people of Harohalli and nearby villages with specialised day care ward at affordable cost. This clinic has a laboratory, X-ray, pharmacy and a minor operation theatre. We conduct health awareness camps at Harohalli, neighboring villages, schools and to the employees of nearby Industrial area. This clinic is visited by Surgeons, Gynaecologists, Physicians, Paediatrician, Dermatologist, ENT, Orthopedician, & Cardiology specialists. Some minor surgical and gynaecological procedures are also performed in this centre.



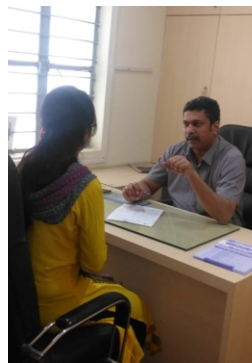
Health Education Programmes

Dr. Rekha Hariram, our consultant pediatrician and adolescent physician met about a hundred middle school boys and girls at the government school at Harohalli on 24th Jan, 2019. The interaction with the children was on the topics of good nutrition, hygiene, staying away from bad habits & addictions and gender sensitization. The children were enthusiastic and responsive with many questions. Their teachers too were appreciative and welcomed the initiative. Both children and teachers expressed the need for more such talks.



Blue Neem Medical Devices Pvt. Ltd

AV Hospital, Bangalore in association with AV Ramesh Specialist Clinic, Harohalli conducted a Health Camp at Blue Neem Medical Devices Pvt Limited, Bangalore. This health check up camp was on 4th-5th Feb 2019. Camp was conducted at Hulimavu and Harohalli branches of the Blue Neem Medical Devices Pvt Ltd. Around 200 employees benefitted from this health awareness camp. There was Medical, Surgical, Gynaecology and Ophthalmology specialists in service of these employees.



Authenticity Embroidery Industry

AV Ramesh Specialist Clinic, Harohalli in association with AV Hospital, Bangalore conducted a Health Check up camp on 5th March 2019 at Authenticity Embroidery Industry. Total of 55 employees from both Harohalli and Bangalore division of Authenticity industry, underwent basic health check ups which included basic blood tests, eye and ear examination. This was a very well received health awareness camp.

